

CONFIDENTIAL PATIENT HEALTH RECORD

Alta Vista Chiropractic

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SYSTEMS REVIEW

Below is a list of diseases which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these diseases can affect your overall course of chiropractic care.

CHECK ANY OF THE FOLLOWING DISEASES YOU HAVE HAD:

- | | | | |
|--|------------------------------------|--|---|
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Polio |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Cancer | <input type="checkbox"/> Mental Disorders | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Mumps | <input type="checkbox"/> Influenza | <input type="checkbox"/> Anemia | <input type="checkbox"/> Whooping Cough |
| <input type="checkbox"/> Small Pox | <input type="checkbox"/> Pleurisy | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Eczema |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Lumbago | |
| <input type="checkbox"/> Measles | | <input type="checkbox"/> Thyroid Disorders | |

CHECK ANY OF THE FOLLOWING YOU HAVE HAD IN THE PAST 6 MONTHS:

Musculoskeletal

- Mid Back Pain
- Low Back Pain
- Pain Between Shoulders
- Arm Pain
- Joint Pain/Stiffness
- Difficulty Walking
- Jaw Clicking
- Pain with Chewing
- General Stiffness

C-V-R

- Chest Pain
- Shortness of Breath
- High Blood Pressure
- Irregular Heartbeat
- Heart Disease
- Lung Disease
- Congestion
- Varicose Veins
- Ankle Swelling
- Stroke

Nervous System

- Nervousness
- Neck Pain
- Paralysis
- Dizziness
- Forgetfulness
- Confusion
- Depression
- Fainting
- Convulsions
- Cold Limbs
- Tingling in Limbs
- Stress
- Numbness

EENT

- Visional Changes
- Dental Pain
- Sore Throat
- Ear Aches
- Hearing Difficulty
- Stuffed Nose

Gastrointestinal

- Poor/Excessive Appetite
- Excessive Thirst
- Frequent Nausea
- Vomiting
- Diarrhea
- Constipation
- Liver Disease
- Gall Bladder Disease
- Abdominal Cramps
- Gas/Bloating After Meals
- Heartburn
- Black/Bloody Stool
- Colitis

Genito-urinary

- Bladder trouble
- Painful Urination
- Excessive Urination
- Discolored Urine

General

- Fatigue
- Allergies
- Loss of Sleep
- Fever
- Headaches

Females Only

- Are you pregnant?
- Yes
 - No
 - Not sure

Name: _____ Date: _____